



### **Reminders:**

- Sept 30: Nicasio School Foundation Meeting 3:15pm Rancho Nicasio All are Welcome to Attend!
- Oct 4: Early Dismissal 1:30pm - All Grades K-8
- Oct 10: Walk-A-Thon Foundation Fundraiser Large Field
- Oct 10: Board Meeting 5pm Library
- Oct 12: Nicasio Foundation Fall Picnic & Movie Night on the Square 5:30pm FREE! Nicasio Square
- Oct 14: NO CLASSES ~ Professional Development Day
- Oct 16: School Picture Day
- Oct 17: Earthquake Drill: The Great California ShakeOut
- Oct 17: Gr. 6-8 Field Trip ~Tolay Fall Festival
- Oct 23: Gr. K-8 Field Trip ~ Nicasio Pumpkin Patch 12:10-1:45pm
- Oct 24: Principal's Chat 8:20am Library
- Oct 30: School Assembly 1:30pm Library
- Oct 31: Halloween Costume Parade Gr. K-8 8:45am

### **Recordatorios:**

- Sept 30: Reunión de Nicasio School Foundation Meeting 3:15pm Rancho Nicasio TODOS ESTÁN INVITADOS!
- Oct 4: Salida Temprana 1:30pm - Todos los Grados K-8
- Oct 10: Walk-a-thon Evento de la Fundación para la Recaudación de Fondos Campo Escolar Mayor
- Oct 10: Reunión de la Mesa Directiva 5pm Biblioteca
- Oct 12: Día de Campo & Noche de Cine 5:30pm Plaza Nicasio
- Oct 14: NO HAY CLASES ~ Día de Desarrollo Profesional
- Oct 16: Día de Fotografía Escolar
- Oct 17: La Gran Sacudida de California Simularco de Terremotos
- Oct 17: Gr. 6-8 Excursión ~ Tolay de Otoño
- Oct 23: Gr. K-8 Excursión ~ Sembradio de Calabazas Nicasio 12:10-1:45pm
- Oct 24: Pláticas con la Directora 8:20am Biblioteca
- Oct 30: Asamblea Escolar 1:30pm Biblioteca
- Oct 31: Defile de Disfraces del Dia Brujas Todos los Grados K-8 8:45am

Dear Nicasio Families,

September 26, 2019

Our fence art installation has begun! I hope you are enjoying the students' animal artwork as well as the beautiful new Nicasio School sign, designed and crafted by local artist Dan Breaux and installed this week by Rob Arndt and Nicasio School alum JP Padilla. **Thank you Dan, Rob, JP and Ms. Janis!**

Yesterday we had our monthly assembly and introduced our Student Council officers... **Leo V. (President), Sophia K. (Vice President/Assembly Leader), Eva T. (Treasurer), Valeria D. (Secretary) and Adrian M. (Photographer)**. I am excited to work with this wonderful group of student leaders! We will also add four more classroom representatives to our group from Ms. Damena's class.

Also at our assembly we honored one student from each classroom who exemplified the September life skill, *digital citizenship*. Congrats to **Christian B., Gerardo V. and Flora L.**! Our student council officers also introduced our October life skill, *initiative*, and honored our September Teacher of the Month, **Ms. Kristy**.

**Our Walk-A-Thon is coming on Thursday, October 10<sup>th</sup>!** This is a fundraiser for the Nicasio School Foundation and contributes directly toward the programs your children love, such as art, performing arts, Spanish and PE. Please help your students gather those pledges! Prizes will be awarded to students for gathering the most pledges and for completing the most laps. Would you like to help during the Walk-A-Thon? We need you! Please visit the online sign-up at [www.nicasioschool.org](http://www.nicasioschool.org)

Also, mark your calendar for a **Fall Picnic and Movie Night in Nicasio Square on Saturday October 12<sup>th</sup>**. This is a fun, community-building event meant for all ages. Tell your friends and neighbors. I also encourage you to attend the Foundation Meeting next Monday at 3:15 pm at the Rancho. *Again, please visit [www.nicasioschool.org](http://www.nicasioschool.org) and sign up to help.* Thank you to the Parent Club and Foundation for organizing!

Finally, a friendly reminder that **next Friday (October 4<sup>th</sup>)** students will be dismissed at **1:30 pm**. The teachers and I will spend the afternoon reviewing assessment data and discussing student progress.

All the best,

Barbara













Dear Nicasio School Parents,

We would like to invite all parents interested in supporting the school fundraising projects to join us for our first Nicasio School Foundation meeting September 30 at 3:15 at Rancho Nicasio.

NSF organizes yearly community donation mailers, develops grants, and organizes the spring fundraiser dinner dance. Even if you don't have a lot of time to contribute every person involved helps. Spanish speaking families are encouraged and welcome.

Kristin Kuzma





**When: Thursday, October 10, 2019 2:00-3:00pm**

**Where: Nicasio School Track**





**Questions: Contact Kristin Kuzma(415-235-8907)**

The Nicasio School Foundation is sponsoring the 16<sup>th</sup> annual Walk-a-thon for the Nicasio School community. The donations collected as part of this event will be used to support Performing Arts, Art, Spanish, P.E. and classroom field trips. Students will be collecting donations toward their goals. Each walker should strive for at least ten donors of \$10 each to arrive at our school goal. Donations need to be collected at the time of solicitation and turned in on the day of the Walk-a-thon. This is an excellent opportunity to extend our fundraising efforts outside our community to reach out to extended family and friends.

We are looking for a few Parent volunteers to help with the preparation of drinks and snacks as well as course set up for the Walk-a-thon. Volunteers should arrive at 1 p.m. on the day of the event for prep work. The event starts at 2p.m. Volunteers will assist in counting laps, providing drinks, snacks, and other aid as needed. Please sign up in the Office if you can help for this event.

### **ONLY DONATIONS TURNED IN BY WALK-A-THON DAY WILL QUALIFY FOR PRIZES!!!**

Prizes will be awarded to the following:

-  Student with most dollars (in each classroom) = Revolutionary 9 Fairfax Store Gift Certificate
-  Student with the most donors (in each classroom) = Five Little Monkeys Toy Store Gift Certificate ( 852 Grant Ave, Novato, Novato)
-  Student who walks the most laps (in each class) = The Sweet Zone Candy Store Gift Certificate (151 Petaluma Blvd S Suite #113, Petaluma )
-  The classroom in which collects the most dollars. To keep this fair, we will average the total dollars in each classroom and divide by the number of students in the classroom. The winning class will celebrate with a Super Sundae Ice Cream Party.

**The Nicasio School Foundation will sponsor drinks and snacks. Please join us in the fun! 😊**



Free  
Event

Free  
Event

# Nicasio Fall Picnic & Movie Night on the Square

Featuring



BYO Food, Drink  
& Blankets

5:30 pm Sat. Oct. 12

Games & BBQ

\$5 Burgers/Hot Dogs

7pm Movie

All Ages Welcome

Sponsored by Nicasio School Foundation



**Nicasio Community Party at Druids Hall!**  
**Saturday September 28<sup>th</sup>, 6pm**

*RSVP with information below and mail with your check payable to "Nicasio Druids"  
Please mail no later than Friday Sept 20<sup>th</sup> to: PO Box 807, Nicasio CA 94946*

Name(s): \_\_\_\_\_

Phone #: \_\_\_\_\_

Please reserve \_\_\_\_\_ Dinners @ \$50 each -----\$ \_\_\_\_\_

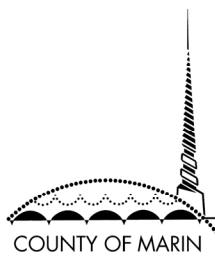
#Steak\_\_#Chicken\_\_#Vegetarian\_\_

Donations gratefully accepted! -----\$ \_\_\_\_\_

**TOTAL enclosed** -----\$ \_\_\_\_\_

**Help us raise funds to paint Druids Hall!**

*For more information, Amy Morse at [avmorse@aol.com](mailto:avmorse@aol.com) or 415-662-2382  
(21 and older only)*



DEPARTMENT OF  
**HEALTH AND HUMAN SERVICES**

Promoting and protecting health, well-being, self-sufficiency, and safety of all in Marin County.



Benita McLarin, FACHE  
DIRECTOR

Matthew Willis, MD, MPH  
PUBLIC HEALTH OFFICER

Lisa M. Santora, MD, MPH  
DEPUTY PUBLIC HEALTH OFFICER

3240 Kerner Boulevard  
San Rafael, CA 94901  
415 473 4163 T  
415 473 6002 F  
415 473 3232 TTY  
[marinhhs.org/public-health](http://marinhhs.org/public-health)

September 24, 2019  
Fentanyl Overdose Health Alert

Dear Parents:

This letter is to inform you about a concerning trend in overdoses related to fentanyl in the Bay Area that reached Marin County last week. Marin County Public Health has issued an advisory to healthcare providers after regional law enforcement agencies seized a large number of counterfeit 30-milligram Percocet pills that contain fentanyl – not oxycodone hydrochloride – as their sole active ingredient.

The tablets visually appear to be the pharmaceutical version—circular in shape, light blue in color, with an “M” stamped on one side and a “30” on the other side. Opioid overdoses tied to these tablets have increased since August 2019 across the region, including one case in Marin County last week.

Fentanyl is 80 to 100 times more potent than morphine and 40 to 50 times more potent than heroin.



Counterfeit Percocet containing fentanyl

Fentanyl can have serious, even fatal consequences if used inappropriately.

#### How You Can Help

1. Talk with your children and alert them to the current risk. Remind them to only take pharmaceutical pills prescribed by their physician, and only take them as directed. Do not share or sell medicines and do not buy medications not prescribed to them. When in doubt about a pharmaceutical, reach out and ask your doctor.

2. If you think a loved one is experiencing challenges with substance misuse and abuse contact the 24/7 Mental Health and Substance Use Access and Assessment Hotline (888-818-1115).



3. Clean out your medicine cabinet regularly. Dispose of unused and expired medications at one of Marin County's safe disposal locations. Visit [www.RxSafeMarin.org](http://www.RxSafeMarin.org) to find a location near you.

4. If you're concerned someone in your life may be at risk for an opioid overdose, carry the overdose reversal medication naloxone (Narcan). Narcan is available without a physician prescription at most pharmacies in Marin.

Thank you for joining us to protect our community.

Sincerely,

Mary Jane Burke  
Marin County Superintendent of Schools  
[mjburke@marinschools.org](mailto:mjburke@marinschools.org)

Matthew Willis, MD, MPH  
Public Health Officer  
[MWillis@marincounty.org](mailto:MWillis@marincounty.org)

Hello Nicasio School Families!

The students are off to a great start as they rehearse every Wednesday in Performing Arts class. This year's Winter Performance will be an all school performance of Aladdin Jr. I am thrilled to direct our fall production and hope you enjoy all of the singing that will hopefully take place in your home as a result.

Please find attached to this note the link to all of the music, rehearsal and performance. Like all learning experiences, repetition is key. I would suggest downloading the music to your phone, home computer or anywhere where your child(ren) will have access to it. If you do not have access to the music files, please let me know.

<https://drive.google.com/drive/folders/1VdCupw99Z6edHsk-RnjNCGAkIw-kEcjn>

Please make sure your child(ren) bring their scripts every Wednesday. All of their parts are highlighted in their scripts, so they are aware of what they need to study.

If you have any questions, please feel free to contact me.

See you in the theatre (MPR),  
Ms. Monica  
[msnell@nicasioschool.org](mailto:msnell@nicasioschool.org)

---

¡Hola Familias en la Escuela Nicasio!

Los estudiantes han tenido un gran comienzo mientras ellos ensayan cada miércoles en la clase de Artes Escénicas. Este año la presentación en el Programa de Invierno será Aladino Jr. con todos los alumnos en escena. Estoy encantada de dirigir nuestra producción y espero que ustedes disfruten de todas las canciones que estarán en sus casa como resultado de los ensayos.

Adjunto a esta carta, Usted puede encontrar el enlace para la música, ensayos y presentación. Como experiencia de aprendizaje, la repetición es muy importante. Les sigiero bajar la música en su teléfono, computadora en casa o cualquier otro aparato en el que su hijo o hija tenga acceso. Si Usted no tiene acceso a los archivos con la música, por favor hágamelo saber.

<https://drive.google.com/drive/folders/1VdCupw99Z6edHsk-RnjNCGAkIw-kEcjn>

Por favor asegúrese de que sus niños traen sus guiones a la escuela cada miércoles. Las partes de cada uno están resaltadas con color en los guiones, así ellos saben lo que necesitan estudiar.

Si tiene cualquier pregunta, siéntase en la libertad de contactarme.

Los veo en el teatro (SUM),  
Ms. Monica  
[msnell@nicasioschool.org](mailto:msnell@nicasioschool.org)



# BASKETBALL TEAMS ARE BEING FORMED IN POINT REYES NOW.

## THERE ARE 5 TEAMS SO FAR

1. 8 th BOYS
2. 7 th GIRLS
3. 6 th BOYS
4. 4/5 th BOYS
5. 5 th GIRLS

This is the CYO League and if anyone is interested please contact me as soon as you can.

tysonkathleen4@gmail.com

or 415) 663-9257 please leave a message.



# TOWN HALL

## Youth, School Policy, Parenting and the Law

What you need to know about underage substance use

*What are the consequences of teen substance use?*

*Who is responsible?*

*What are the risks at school and with the law?*

*How do parents determine appropriate consequences at home?*

**Join this community discussion. Teens Welcome.**

**LORI FRUGOLI**

*Marin County District Attorney*

**WESLEY CEDROS**

*Senior Director of Student Services*

*Tamalpais Union HS District*

**DON CARNEY**

*YMCA Youth Court Director*

**CYNTHIA KEAST**

*Youth Detective*

*Central Marin Police Authority*

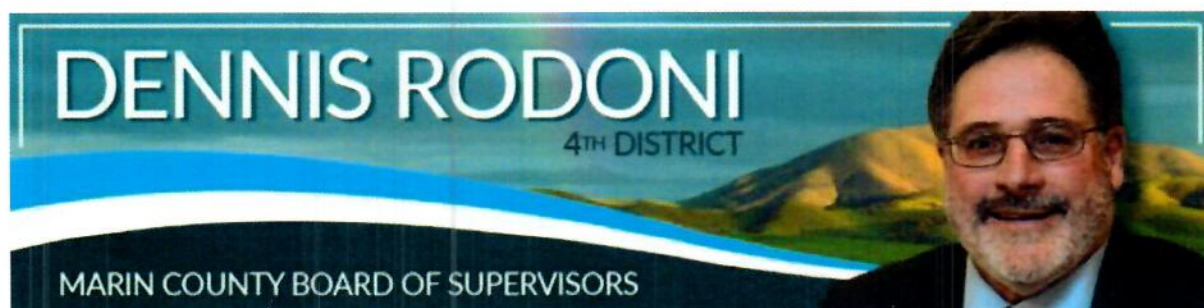
**YOUTH REPRESENTATIVES**

**THURSDAY  
SEPTEMBER 26, 2019  
6:30 - 8:00 PM**

**ROSS SCHOOL  
LIBRARY**

**RSVP:  
mhyp-town-hall-092619.  
eventbrite.com**





Supervisor Dennis Rodoni invites you to his 2019 Fall Office  
Hours for **San Geronimo Valley and Nicasio!**

Supervisor Rodoni will be joined by Community Development Agency staff member  
Kristin Drumm.

**Date:** Friday, October 25<sup>th</sup>

**Time:** 2:00 pm to 4:00 pm

**Location:** San Geronimo Valley  
Community Center – The Valley Room  
6350 Sir Francis Drake Boulevard, San Geronimo  
Valley, CA 94963

All are welcome and no RSVP is needed

For more information, contact Rhonda Kutter at [RKutter@marincounty.org](mailto:RKutter@marincounty.org) or (415) 473-3246



**Free Admission**  
**Free Parking**

**Saturday, October 26, 2019**

10:00 am - 4:00 pm

**Sonoma County Fairgrounds**

1350 Bennett Valley Rd, Santa Rosa, CA 95404



## Have fun learning with hands-on science

- Robots
- Astronaut Gear
- Sound Waves
- Telescopes
- Virtual Reality
- Squid
- Rockets
- Drones
- Microscopes
- 3D Printing
- Slime
- Much More!

Part of the Bay Area Science Festival and partnered with Career Technical Education Foundation, Buck Institute for Research on Aging, and University of California at San Francisco.

This is not a school district sponsored activity. This flyer was not printed at the school district's expense. The school district has not evaluated or approved the program or service. For information, email [info@northbayscience.org](mailto:info@northbayscience.org).





# WILDFIRE EVACUATION CHECKLIST

If evacuation is anticipated and time allows, follow this checklist to give your family and home the best chance of survival. Complete the Family Communication Plan on the opposite side for each family member and keep in your "Go Kit(s)."

**ALERT MARIN:** Register for emergency notifications at [www.alertmarin.org](http://www.alertmarin.org) to receive evacuation notices by email, phone, or text. Evacuation notices sent through Alert Marin will use the following terminology:



## EVACUATION ORDER

Leave now! Evacuate immediately, do not delay to gather valuables or prepare your home. Follow any directions given in the evacuation order.

## EVACUATION WARNING

Evacuate as soon as possible. A short delay to gather your Go Kit and prepare your home (see below) may be ok. Leave if you feel unsafe.

## SHELTER IN PLACE

Stay in your current location or the safest nearby building or unburnable area. May be required when evacuation is impossible, too dangerous, or unnecessary.

## ON YOUR PERSON

- ☐ Dress all family members in long sleeves and long pants - heavy cotton or wool is preferable no matter how hot it is.
- ☐ Wear leather gloves, head, and eye protection - full coverage goggles are best.
- ☐ Cover your face with a dry bandanna or (cotton or wool) scarf over an N95 respirator.
- ☐ Carry a headlamp and flashlight (even during the day), cell phone, and spare battery.
- ☐ Carry car keys, wallet, and ID on your person.
- ☐ Drink lots of water and stay hydrated.
- ☐ Put your "Go Kit" in your vehicle.

## PETS & ANIMALS

- ☐ Locate your pets and place in carriers NOW. You will not be able to catch them when the fire approaches.
- ☐ Be sure your pets wear tags and microchips.
- ☐ Place carriers (with your pets in them) near the front door, with fresh water and extra food.
- ☐ Prepare horses and large animals for transport and consider moving them to a safe location early, before evacuation is ordered.

## INSIDE THE HOUSE

- ☐ Shut all windows and doors (interior too) and leave them unlocked.
- ☐ Remove combustible window shades and lightweight curtains; close metal shutters.
- ☐ Move furniture to the center of the room, away from windows.
- ☐ Shut off gas at the meter or propane tank; turn off pilot lights.
- ☐ Leave indoor and outdoor lights on for firefighters.
- ☐ Shut off air conditioning and house fans.

## OUTSIDE & IN NEIGHBORHOOD

- ☐ Gather up combustible items outside the house (patio furniture, children's toys, door mats, trash cans, etc) and place in garage or move them at least 30' from structures (optionally: place in your pool).
- ☐ Close propane tank valves. Move small tanks away from structures.
- ☐ Connect garden hoses to outside water valves or spigots for use by firefighters. Attach squeeze-grip nozzles if you have them.

- ☐ Fill water buckets and place them around the outside of house, especially near decks and fences. Don't leave sprinklers on or water running - they are ineffective and can reduce critical water pressure for the entire neighborhood.
- ☐ Hosing your roof down is dangerous and ineffective. Clean your gutters and blow leaves away from house instead (only if time allows).
- ☐ Back your car into the driveway so it is facing out, with vehicle loaded and all doors and windows closed.
- ☐ Unlock and prop open fence and side gates.
- ☐ Place ladder(s) at the corner(s) of structures for firefighters.
- ☐ Seal attic and ground vents with pre-cut plywood or metal covers.
- ☐ Patrol your property and monitor the fire situation.
- ☐ Don't wait for an evacuation order if you feel threatened.
- ☐ Check on or call neighbors and make sure they are aware and preparing to leave.
- ☐ Assist elderly or disabled neighbors.
- ☐ Carpool to reduce traffic when evacuating!

## WILDFIRE & EMERGENCY "GO KIT"

Put together an emergency supply kit in advance and keep it easily accessible. Plan to be away from your home for an extended period of time. Each person should have their own Go Kit. Backpacks work great for storing these items.

- |  |  |
|--|--|
| <input type="checkbox"/> Bandana, N95 respirator, goggles, leather gloves    | <input type="checkbox"/> Copies of important docs (birth certificates, passports, insurance policies, etc) |
| <input type="checkbox"/> Water bottles and food                              | <input type="checkbox"/> Pet food and water, leashes, pet supplies and medications                         |
| <input type="checkbox"/> Map marked with two evacuation routes (if possible) | <input type="checkbox"/> Spare chargers for cell phones, laptops, etc.                                     |
| <input type="checkbox"/> Prescription medications                            | <input type="checkbox"/> Sanitation supplies   |
| <input type="checkbox"/> Change of clothing                                  |  |
| <input type="checkbox"/> Extra eyeglasses or contact lenses                  |  |
| <input type="checkbox"/> Extra set of car keys, credit cards, cash           | <b>Items to take only if time allows:</b>  |
| <input type="checkbox"/> First aid kit                                       | <input type="checkbox"/> Easily carried valuables  |
| <input type="checkbox"/> Flashlight and headlamp with spare batteries        | <input type="checkbox"/> Family photos and other irreplaceable items                                       |
| <input type="checkbox"/> Battery-powered radio and extra batteries           | <input type="checkbox"/> Personal computer and digital information backups on hard drives and/or disks     |





## Family Emergency Communication Plan

Write your family's name above

### Family Emergency Communication Plan

#### HOUSEHOLD INFORMATION

Home #: .....

Address: .....

Name: ..... Mobile #: .....

Other # or social media: ..... Email: .....

Important medical or other information: .....

Name: ..... Mobile #: .....

Other # or social media: ..... Email: .....

Important medical or other information: .....

Name: ..... Mobile #: .....

Other # or social media: ..... Email: .....

Important medical or other information: .....

Name: ..... Mobile #: .....

Other # or social media: ..... Email: .....

Important medical or other information: .....

#### SCHOOL, CHILDCARE, CAREGIVER, AND WORKPLACE EMERGENCY PLANS

Name: .....

Address: .....

Emergency/Hotline #: ..... Website: .....

Emergency Plan/Pick-Up: .....

Name: .....

Address: .....

Emergency/Hotline #: ..... Website: .....

Emergency Plan/Pick-Up: .....

Name: .....

Address: .....

Emergency/Hotline #: ..... Website: .....

Emergency Plan/Pick-Up: .....

Name: .....

Address: .....

Emergency/Hotline #: ..... Website: .....

Emergency Plan/Pick-Up: .....

#### IN CASE OF EMERGENCY (ICE) CONTACT

Name: ..... Mobile #: .....

Home #: ..... Email: .....

Address: .....

#### OUT-OF-TOWN CONTACT

Name: ..... Mobile #: .....

Home #: ..... Email: .....

Address: .....

#### EMERGENCY MEETING PLACES

Indoor: .....

Instructions: .....

Neighborhood: .....

Instructions: .....

Out-of-Neighborhood: .....

Address: .....

Instructions: .....

Out-of-Town: .....

Address: .....

Instructions: .....

#### IMPORTANT NUMBERS OR INFORMATION

Police: ..... Dial 911 or #: .....

Fire: ..... Dial 911 or #: .....

Poison Control: ..... #: .....

Doctor: ..... #: .....

Doctor: ..... #: .....

Pediatrician: ..... #: .....

Dentist: ..... #: .....

Medical Insurance: ..... #: .....

Policy #: .....

Medical Insurance: ..... #: .....

Policy #: .....

Hospital/Clinic: ..... #: .....

Pharmacy: ..... #: .....

Homeowner/Rental Insurance: ..... #: .....

Policy #: .....

Flood Insurance: ..... #: .....

Policy #: .....

Veterinarian: ..... #: .....

Kennel: ..... #: .....

Electric Company: ..... #: .....

Gas Company: ..... #: .....

Water Company: ..... #: .....

Alternate/Accessible Transportation: ..... #: .....

Other: .....



5555 Nicasio Valley Road, Nicasio, CA 94946

☎ 415.662.2184 / 📠 415.662.2250 / [www.nicasioschool.org](http://www.nicasioschool.org)

---

## **Emergency Communication Systems**

### **School Messenger**

Nicasio School uses an emergency communication system, School Messenger, to communicate with families in the event of an emergency. This system allows communication via phone call, email, and text message. We will conduct our annual test of this system in October. Please be sure your contact information is up to date in the main office.

### **Alert Marin**

Alert Marin is an emergency communication system from the Marin County Sheriff's Office. Follow this link to register for alerts:

<https://www.marinsheriff.org/services/emergency-services/alert-marin>

### **Nixle**

Nixle is an emergency communication system for residents of an area (determined by zip code) that will immediately notify users during emergency incidents. To register, visit:

<http://www.nixle.com/>

### **Twitter**

Follow organizations such as Marin County Sheriff (@MarinSheriff), CHP Marin (@CHPMarin), and The West Marin Feed (@WestMarinFeed) for up-to-date information during an emergency.