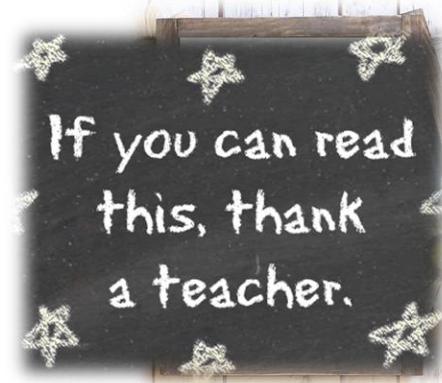


Dear Nicasio Families,

May 7, 2020

Thank you for helping make Teacher Appreciation Week special for our teachers and staff! I may be biased, but I think the world of the Nicasio staff and would not want to navigate these crazy times with any other group of people. Thank you for encouraging your children to make special notes or cards to deliver to the MPR tomorrow. In addition, I will place a vase on each teacher's table. Feel free to bring a flower or clipping from your garden to make a one-of-a-kind bouquet.



Please join us **today at 5 pm** for our May school board meeting. Live-streaming information can be found on our website (www.nicasioschool.org).

Yearbooks are coming! In tomorrow's work pick-up you will find an order form for the 2019-2020 Nicasio School yearbook. Please complete and return no later than **Friday, May 29th**. Thank you to our parent leaders, Lucienne Meckfessel and Ellian Klein, for organizing. This is a BIG job and one that our students and staff appreciate and cherish for years to come!

Our parent survey is still open. This is an important opportunity to share your experiences during distance learning and provide valuable feedback to our staff. Please click [here](#) to complete.

The MPR will be open tomorrow (Friday) for *one member of each family* to drop-off work from Week 7 and pick-up work for Week 8 (May 11-15). Please see the attached schedule and thank you in advance for wearing a face mask and practicing social distancing while on campus.

We have also partnered with the SF Marin Food Bank to provide groceries to Nicasio School

families experiencing food insecurity. These pre-bagged groceries will be available from 12:15-1 pm. If you arrive during this time, you may also collect your student's work. Again, this is limited to one member per household wearing a face mask and practicing social distancing while on campus.



Finally, Happy Mother's Day! I hope that however you spend the day, all the mothers out there are showered with love. I appreciate all the moms (and dads and aunts and uncles and grandparents) who have supported our school during this challenging time.

Be well,

Barbara

Sporting

SAN FRANCISCO CHRONICLE AND SPORTS ILLUSTRATED | Saturday, May 9, 1997 | Section D *****

NBA shelves draft lottery, combi

...a bit longer

public health experts and government officials." The announcement came from the NBA board of directors, which said it would not hold a draft lottery for the 1998 draft.

Chances at the top 3 picks in

the 1998 draft lottery

Team	1st	2nd	3rd
Charlotte	25.0%	24.0%	15.0%
Orlando	25.0%	24.0%	15.0%
Indiana	25.0%	24.0%	15.0%
San Antonio	25.0%	24.0%	15.0%

NBA SCHEDULE
Warriors must wait a bit longer
to learn position in first round

By Connor Lathorn

The Warriors will have to wait a bit longer to learn where they'll be picking in the NBA draft.

The league announced Friday afternoon that the NBA draft lottery and the NBA draft combine — in-

"If everyone took a couple of ribs and watched the world would be a kinder place."

...if everyone
the world would
— Buck Chavez, of *Blue Marlin*

...Adrian Joe Chavez bats against Neal Chavez as Buck Chavez and Nimble Chavez play the field in San Germán.

Photo Credit: © The Associated Press

to distance

Fun at a distance

By John Stone

Fun at a Distance

By John Hehn

Runners and bikers are everywhere. And the sights. For those preferring other ways to do road, it's a nice way to exercise and set the sights. For those preferring other ways to do sports at a distance, it has been a bit tougher during the coronavirus pandemic, but some people have found creative ways to get their fix. This reporter explored his country's sporting examples.

Send us your best

...sporting events you've attended, ...with your fun, recent location, ...when, ...

Send us your best
most memorable sporting
photo from 2004. www.fox.com

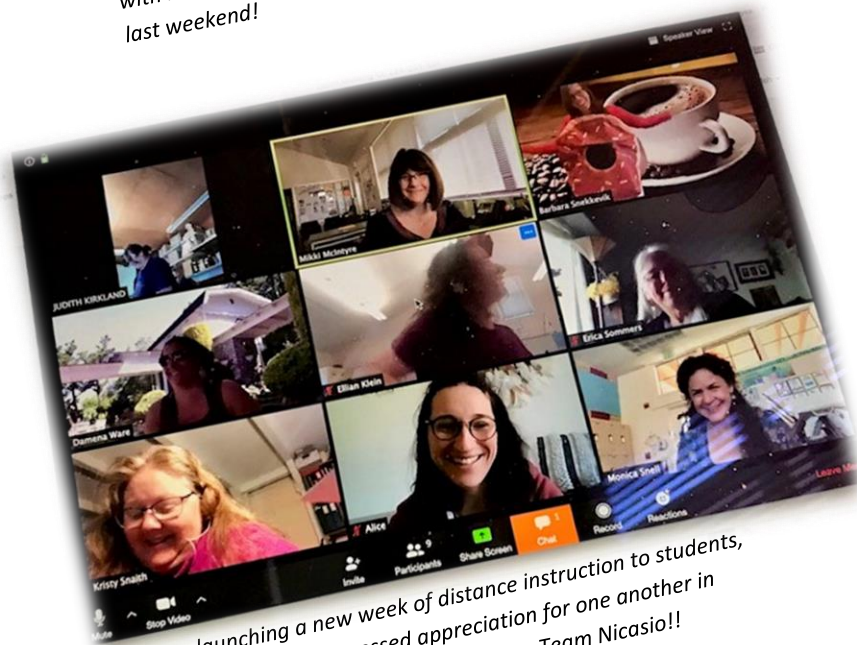
P.E. Specialist "Coach Neal" kicked off Teacher Appreciation Week by being featured recreating along with his family in the sports section of the SF Chronicle last weekend!



What is Teacher Appreciation Week without coffee and donuts?! Barbara Snekkevik donned a donut costume and brought her virtual version of such treats to Monday's staff meeting!



Beautiful virtual bouquets were showered upon staff by the Saldana and (above) and Aguilar (below, right) families.



Prior to launching a new week of distance instruction to students, Nicasio School staff expressed appreciation for one another in honor of Teacher Appreciation Week. Yay, Team Nicasio!!





Emme S. reclines in her hammock to read while sister Isla plays the piano.



Mireya M. engages in some hands-on fun at home.

Nicasio School District

Since 1862

Board of Trustees

Michelle Rutledge, *Board President* ~ Elaine Doss, *Trustee* ~ Mark Burton, *Trustee*

AGENDA

Regular Meeting of the Nicasio School District Board of Trustees

Thursday, May 7, 2020 5pm

This meeting is being held via videoconference pursuant to Executive Order N-25-20 issued by California Governor Gavin Newsom on March 12, 2020. Videoconference access information will be posted on the District website: <http://www.nicasioschool.org/index.php/school-board/board-meetings>

1. OPENING BUSINESS

- a. Call to Order (*Michelle Rutledge – Board President*)
- b. Roll Call
- c. Patriotic Moment

2. Approval and Adoption of Open Session Agenda (*Board President Rutledge*)

3. Reports

- a. Trustee/Superintendent/Principal Announcements
- b. Budget Update (*CBO Bonardi*)

4. Public Comment

Public Comment is only for items not on the agenda. No formal action will be taken. Board members or district staff may, but are not obligated to, briefly respond to statements made or question posed by the public about items not appearing on the agenda. Designated amount of time to address the Board is limited to three minutes per individual. Concerns about individual employees shall not be discussed in public at school board meetings. Please contact the superintendent with specific concerns.

5. Consent Agenda

- a. Approval of Minutes: April 1, 2020 (*Interim Supt. Neu*)
- b. Ratify Warrants Paid: April 2020 (*CBO Bonardi*)
- c. Approve Interdistrict Transfer Requests into NSD for 2020-21
 - IDT 20-21-01
 - IDT 20-21-02
 - IDT 20-21-03
 - IDT 20-21-04
 - IDT 20-21-05
 - IDT 20-21-06
 - IDT 20-21-07

6. Action

- a. Consider Approval of Resolution 2019-20 #6 Regarding Specifications of the Election Order (*Interim Supt. Neu*) *Discussion/Action*
- b. First Reading BP/AR 6158 Independent Study (*Interim Supt. Neu*) *Discussion/Action*
- c. First Reading AR 6183 Home and Hospital Instruction (*Interim Supt. Neu*) *Discussion/Action*

- d. Approval to Consolidate and Move Scheduled June Board Meetings (June 4 and June 25) to June 18 *Discussion/Action (Interim Sept. Neu)*

7. Correspondence

- a. 2019-20 Second Interim Review, Kate Lane, Assistant Superintendent, April 15, 2020

8. Conclusion

- a. Agenda items for upcoming Board Agenda
- b. Adjournment

If you need assistance to access the Board meeting videoconference or to otherwise participate at the meeting, please submit a written request to Nicasio School District Superintendent at P.O. Box 711, Nicasio, CA 94946 or office@nicasioschool.org. Notification at least 48 hours prior to the meeting will better enable the District to make reasonable accommodations in accordance with the Americans with Disabilities Act.



Nicasio School Yearbook 2019-20

It's time to order your child's 2019-20 yearbook!

Please return this form along with payment (***\$25 per book***) by **May 28th**

Please make checks payable to: NICASIO SCHOOL FOUNDATION

**Deliver payment and completed form to MPR during
weekly Homework Drop-Off/Pickup on Fridays**

OR

Mail to:

**Nicasio School
PO Box 711
Nicasio, CA 94946**

Please complete the following information:

Student Name _____ Grade _____ \$ _____

Student Name _____ Grade _____ \$ _____

_____ I would like to contribute towards a yearbook for a student in need \$ _____

_____ I would like to contribute towards a yearbook for a staff member \$ _____

TOTAL ENCLOSED: \$ _____

NICASIO SCHOOL

~ EVERY FRIDAY~

FOOD BANK*

*In collaboration with the **S.F.-Marin Food Bank**, we are offering **FREE GROCERIES** on **Fridays** from **12:15-1pm** to any families with food instability. Parents arriving for groceries can also pick-up & drop-off their children's homework packets at that time.*

DISTANCE LEARNING HOMEWORK Pick-up/Drop-off Schedule*

*~ **BY FAMILY** ~ If you are not utilizing the Food Bank (12:15-1pm), please arrive to the MPR during the following assigned time blocks to pick-up & drop-off homework:*

1-1:30PM

Ager
Aguilar
Alvarado
Andrews
Barajas
Barry
Burton
Diaz
Dixon-Perdomo
Arndt

1:30-2PM

Figueroa
Gorman
Henderson
Hernandez
Klein
Kuzma
Loose
Maloney
Mata
Meckfessel

2-2:30PM

Mercado
Ramirez
Remer
Saldana
Silva
Skapik
Taylor
Uzri
Vazquez

****MPR Entry limited to 1 Member of each household. For health & safety purposes, please wear a facemask and maintain social distancing of 6 ft. or more while awaiting MPR entry.***

We appreciate your continued cooperation and support!



Dear Nicasio School Families,

If you are in need of stronger/faster Wi-Fi access in order for your child to participate in online classes, please contact his/her classroom teacher. We have extended our high-speed Internet to the parking lot to serve families on a “drive-in” basis. Your child’s teacher can schedule an appointment to make the parking lot available to you.



Estimadas Familias de la Escuela Nicasio,

Si usted necesita señal mas fuerte/veloz para el acceso a Internet para que su niño(a) participe en las clases en línea, favor de contactar a su profesora de clase. Hemos hecho una extensión de nuestra conexión de Internet hacia el estacionamiento para ayudar a familias que puedan llegar ahí. Su profesora puede hacer una cita para que el estacionamiento esté disponible para ustedes.



MAY IS MENTAL HEALTH MATTERS MONTH

#EachMindMatters

During this month, we raise awareness about mental health and the importance of reaching out and supporting one another. COVID-19 has presented a situation that none of us could have imagined a few short months ago. It is important that we pay attention to mental health during this time of isolation and uncertainty and provide extra support to those with pre-existing mental health challenges. In BHRS, we are committed to collaborating with partner organizations and community members to reduce stigma and promote wellness during this month and throughout the year.



Events and Offerings

- May 1st - 8th - Mental Health Awareness reflection cards for BHRS staff
- May 13th, 10-11 am - [Gentle Yoga for Seniors](#) in celebration of older Americans Month
- May 14th, 5-6:30 pm - [Gentle Yoga for the Community](#) open to all Marin County residents
- May 19th, 9-11 am - Board of Supervisors Proclamation
- May 28th, 4-5 pm - [Gentle Yoga for Service Providers](#) open to all employees of the Marin County Department of Health and Human Services
- May 31st - Launch of Youth Focused Wellness Website and BHRS Mental Health/Suicide Prevention Media Campaign
- Mini Grants for Schools to promote youth-led wellness activities
- The Marin County Youth Commission is posting a video series—sharing the experience of young people in Marin during the Covid-19 pandemic and offering tools to help guide us all through it. Follow their work on Instagram @MarinMentalHealth or subscribe to their YouTube channel: MCYCMentalHealth.



DEPARTMENT OF HEALTH AND HUMAN SERVICES
BEHAVIORAL HEALTH AND
RECOVERY SERVICES

Promoting and protecting health, well-being, self-sufficiency, and safety of all in Marin County.





Mental Health Awareness Month Yoga



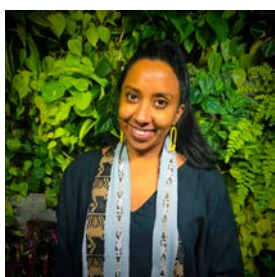
Gentle Yoga to Release & Reground

Description: In recognition of Mental Health Awareness month, join [Meha Davé](#) (pronouns: she/her) for FREE online movement-based workshops to build self-awareness and practice skills that support our mental well-being. Workshops will include trauma-informed yoga postures and breathwork that are accessible for all levels. No prior experience with yoga is required. In this challenging time when we may be feeling overwhelmed at the grief, injustice, and uncertainty around us, it becomes especially important for us to be in spaces where we can get grounded and in touch with our internal experiences. Come as you are, and leave with practical tools to support you in tending to your mental health and holistic well-being. Workshops will be held at the following dates and times:

- Wednesday 5/13, 10:00-11:00 am - [Gentle Yoga for Seniors](#) in celebration of Older Americans Month
- Thursday 5/14, 5:00-6:30 pm - [Gentle Yoga for the Community](#) open to all Marin County residents
- Thursday 5/28, 4:00-5:00 pm - [Gentle Yoga for Service Providers](#) open to all employees of the Marin County Department of Health and Human Services

Guidance in this workshop will be offered to empower participants in making choices that work well for their bodies. Participation in any physical activity may involve risk, including injury. Participants assume all responsibilities and risk of participation in this program. Participants will not hold Behavioral Health and Recovery Services, instructor, or the County of Marin liable in any way if become injured while, or after participating in the virtual yoga class.

All workshops are free and will take place via Zoom video conference. Register using the links above to secure your spot!



About the Facilitator: Meha Davé is a coach, consultant, and movement practitioner who focuses on healing and wellness practices that center people of color. Meha received her 200-hour yoga teacher training certification with Rolf Gates through Communities Rizing, a Vinyasa yoga and meditation teacher training for people of color. Inspired by the deeply rooted community and spiritual practice of this eight-month training, Meha offers yoga teachings as a way for folks to build caring connection with themselves, access the wisdom of their bodies, and practice liberation here and now. She invites yoga practitioners to bring their full selves to their practice, while holding their experiences with compassionate presence and inviting them into their own abundance and power. Meha enjoys focusing on building a sense of safety and accessibility in yoga classes, which cultivates an environment for participants to make deeply nourishing choices for themselves including rest, play, challenge, exploration and joy. Meha's journey as a queer South Asian woman and yoga teacher has been about accessing her ancestral, somatic, and creative wisdom to (re)claim space and stand in her power in service of a vision for collective healing and empowerment. She brings this vision to all that she does.



COVID-19 PANDEMIC MENTAL HEALTH RESOURCES COUNTY OF MARIN



Mental Health Crisis Hotlines 24/7

National Suicide Prevention Lifeline: 1-800-273-8255
Buckelew Suicide Prevention Hotline (Local): 415-499-1100
California Youth Crisis Line: 1-800-843-5200 - For youth (ages 12-24) and families
The Trevor Project: 1-866-488-7386 - For LGBTQ youth
The Friendship Line: 1-800-971-0016 - For seniors and caregivers
Crisis Text Line: Text MHA to 741741



Mental Health Support Lines

Behavioral Health and Recovery Services Access Line: 1-888-818-1115 - For mental health or substance use assessment
SAMHSA's Disaster Distress Line: 1-800-985-5990 or text **TalkWithUs** to 66746
The Peer-Run Warm Line: 1-855-845-7415
Community Action Marin: 415-459-6330 - Mental Health Warm Line



Other Resources

HHS COVID-19 Information Line: 415-473-7191
General Resources: 211
National Domestic Violence Hotline: 1-800-799-7233
Food Locator website: <https://foodlocator.sfmfoodbank.org/>



DEPARTMENT OF HEALTH AND HUMAN SERVICES
BEHAVIORAL HEALTH AND
RECOVERY SERVICES

Promoting and protecting health, well-being, self-sufficiency, and safety of all in Marin County.



WELLNESS • RECOVERY • RESILIENCE



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They entertain. They teach. They keep young minds active, alert, and engaged.

For as long as schools are closed, we're open. Right now, kids everywhere can instantly stream an incredible collection of stories, including titles across six different languages, that will help them continue dreaming, learning, and just being kids.

All stories are free to stream on your desktop, laptop, phone or tablet.

Explore the collection, select a title and start listening.

It's that easy.

[Start Listening](#)

[Learn How to Use Stories.](#)

[Please see here for our Privacy Notice.](#)

Students can access free stories at:

stories.audible.com

Kindergarten Registration – Fall 2020

Nicasio School District is announcing kindergarten registration for the 2020-21 school year. Children eligible for registration must be **5 years old on or before September 1, 2020** and reside within the boundaries of the Nicasio School District.

Transitional kindergarten for the 2020-21 academic year is available to children residing within Nicasio School District boundaries who will turn **5 years of age on or between September 2, 2020 and December 2, 2020**. Transitional kindergarten is a two-year program. Upon completion of the two-year transitional kindergarten program, students are promoted to first grade.

Registration packets can be picked up from Nicasio School, 5555 Nicasio Valley Road, Nicasio 94946. Registration materials can also be downloaded from the school website: www.nicasioschool.org. For more information, call 662-2184.

* * * * *

Registro a Jardín de Niños - Otoño 2020

El Distrito Escolar Nicasio anuncia la apertura del registro a Jardín de Niños para el ciclo escolar 2020-21. Los niños elegibles para su registro deben tener **5 años cumplidos antes de o el día 1 de septiembre, 2020** y ser residentes dentro de los límites del Distrito Escolar Nicasio.

Jardín de Niños en Transición para el ciclo escolar 2019-20 está disponible para los niños que tengan su residencia dentro de los límites del Distrito Escolar Nicasio y que cumplan los **5 años de edad desde el 2 de septiembre, 2020 y hasta el 2 de diciembre, 2020**. Jardín de Niños en Transición es un programa de dos años. Al completar 2 años en el programa de Jardín de Niños en Transición, son promovidos a primer grado.

Los paquetes de Registro pueden ser adquiridos en la Escuela Nicasio, 5555 Nicasio Valley Road, Nicasio 94946

Los materiales de Registro también pueden ser adquiridos en la página de Internet de la escuela: www.nicasioschool.org. Para mayor información, call 662-2184.

Nicasio School Board Establishes Application Period and Enrollment Capacity for Interdistrict Transfer Requests into Nicasio School District for 2020-21

Beginning February 3, 2020, requests from non-resident students for interdistrict transfer (IDT) for the 2020-21 school year may be submitted to Nicasio School District. IDT Requests will be processed in accordance with school board policy and administrative regulations (BP/AR 5117). Requests received on or before May 1, 2020, will be considered by the Board of Trustees at the regular meeting held in June, 2020.

IDT requests from non-resident students received after May 1, 2020 will be processed and considered at a subsequent Board meeting.

As provided by Education Code section 46600.2(a)(5)(B), notice of the Governing Board's decision on IDT requests for the 2020-21 school year will be given as soon as possible, but no later than 14 calendar days after the commencement of instruction.

* * * * *

La Mesa Directiva de la Escuela Nicasio Establece el Periodo de Aplicación y la Capacidad de Registro para Solicitudes de Transferencia Interdistrital al Distrito Escolar Nicasio para el Ciclo Escolar 2020-21

Iniciando el 3 de febrero, 2020, las solicitudes de estudiantes no residentes para transferencia interdistrital (IDT) para el ciclo escolar 2020-21 debe ser entregada en el Distrito Escolar Nicasio. Las solicitudes serán procesadas de acuerdo a la política de la mesa directiva y las regulaciones administrativas (BP/AR 5117). Las solicitudes recibidas el o antes del 1 de mayo, 2020, serán consideradas por la Mesa Directiva en la reunión regular del mes de junio, 2020.

Las solicitudes IDT de estudiantes no residentes recibidas después del 1 de mayo, 2020 serán procesadas y consideradas en una reunión posterior de la Mesa Directiva.

De acuerdo al Código de Educación sección 46600.2(a)(5)(B), la notificación de la decisión de la Mesa de Gobierno de las solicitudes IDT para el ciclo escolar 2020-21 se dará tan pronto como sea posible, y hasta 14 días calendario después del inicio de instrucción.