May 21, 2020

Dear Nicasio Families,

I want to take a moment to acknowledge each of you and thank you for your unwavering support during distance learning. It is normal for "spring fever" to be in the air this time of year, when the students start to lose focus and feel the pull of summer vacation. I feel the shift with my own kids at home! Thank you for encouraging them to stay on track, complete their school work, attend class



meetings and do their personal best.

As the end of the year approaches, we are hoping to maintain some of our favorite school traditions. We will organize a graduation ceremony for our 8th graders on June 11th. The details are still falling into place. Stay tuned! Also, we are organizing a virtual Kite Day for the final week of school.

Traditionally, Kite Day is when the entire school ventures into the Nicasio hills to fly kites together. Our staff hopes that you will join us in flying a kite with your children in the open space near your home and then sharing your photos and videos.

To prepare, we would like to confirm that every student has a kite. **If you need a kite for your child, please contact me as soon as possible.**



Another favorite tradition is yearbook signing. Last week you received an order form for the



2019-2020 Nicasio School yearbook. Please complete and return no later than **Friday**, **May 29th**. Also, each student will receive sticky notes in his/her work packet tomorrow. This is our way to remotely sign the yearbooks of classmates and friends! Directions are included with the sticky notes.

Please remember to return your 2020-21 lunch interest survey no later than **Friday**, **May 29th**. One per household, please.

The MPR will be open tomorrow (Friday) for *one member of each family* to drop-off work from Week 9 and pick-up work for Week 10 (May 26-29). Please see the attached schedule and thank you in advance for wearing a face mask and practicing physical distancing while on campus.

Finally, Monday is Memorial Day. Please enjoy the day off in honor of those who gave their lives in service to our country.

All the best,

Barbara





Krystal A. and cousin Esme R.



Julina L.

Nicasio School families share images from family events, celebrations and shelter-athome activities.



Isla & Emme S.



Emme S.







Krystal A.





Dominican University School of Nursing graduate Julia Loose celebrates with daughters (I-r) Julina and Flora. Congratulations, Julia!



Hazel G.



Damian F.



Eli and Micah A.



Lya U.



Kennedy A.



Mrs. Snekkevik



Ms. Elle and her Gr. K/1/2 class had a fun "Mad Hatter" - themed Zoom class this week!



Yasmin S.



Jaciel D. V.



Emma F.



Dylan M.

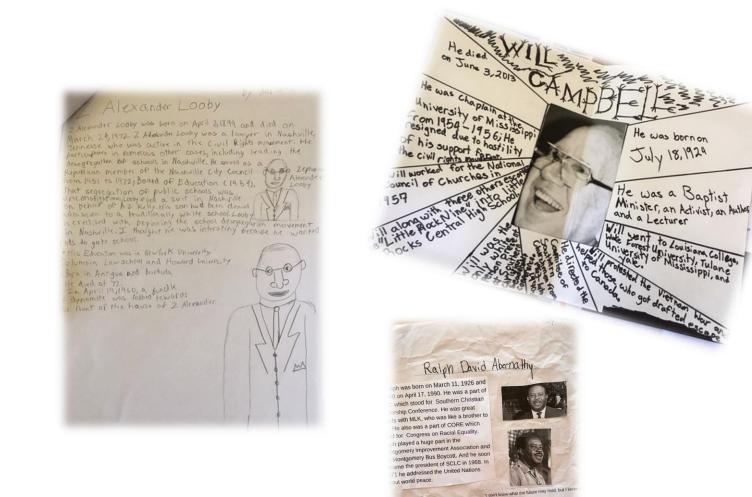


Kayla H.



Ms. Erica!

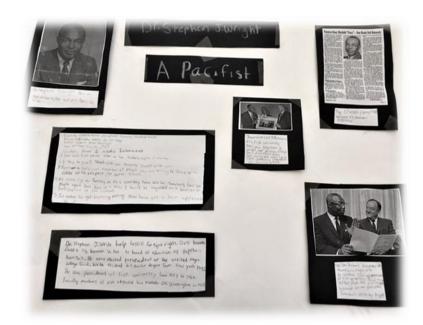
Iris K.



Ralph Abernathy died at Emory too Trawford Long Memorial Hospital on the borning of April 17, 1990, from two blood lots that traveled to his heart and lungs, for weeks after his 64th birthday. On his ombstone it said "I TRIED".

"t don't k

As part of their studies on civil rights, middle school students created biographical posters about characters from the John Lewis novel, "March." Pictured here (clockwise from top left) are posters by Adrian M., Adam U., Flora L., Valerie D. and Krystal A.





5555 Nicasio Valley Road, Nicasio, CA 94946 2555 Nicasio Valley Road, Nicasio, CA 94946 415.662.2250 / www.nicasioschool.org

Nicasio School District Announces One Opening on Board of Trustees

One four-year position on the three-member Nicasio School Board of Trustees will expire in December 2020. Interested persons who live within the boundaries of the Nicasio School District and who are registered voters are eligible to file for candidacy. The district will hold an election on November 3, 2020 to fill this opening.

Information on filing for candidacy can be obtained from the County of Marin Elections Department, located at 3501 Civic Center Drive, Room 121, San Rafael, CA 94903, or by calling (415) 473-6437. Due to the Covid-19 pandemic, all candidates coming to the elections office must do so by appointment. More information is available at www.marinvotes.org.

Candidates must file their Declaration of Candidacy form with the Marin County Elections Office between July 13 and August 7, 2020 by 5 pm.



Nicasio School Yearbook 2019-20

It's time to order your child's 2019-20 yearbook!

Please return this form along with payment (\$25 per book) by May 28th

Please make checks payable to: <u>NICASIO SCHOOL FOUNDATION</u>

Deliver payment and completed form to MPR during weekly Homework Drop-Off/Pickup on Fridays <u>OR</u> Mail to: Nicasio School PO Box 711

Nicasio, CA 94946

Please complete the following information:

Student Name	_ Grade	\$
Student Name	Grade	\$
I would like to contribute towards a yearbook for a student in need		\$
I would like to contribute towards a yearbook for a staff r	nember	\$

TOTAL ENCLOSED:

\$_____

NICASIO SCHOOL ~ EVERY FRIDAY~

FOOD BANK*

In collaboration with the S.F.-Marin Food Bank, we are offering FREE GROCERIES on Fridays from 12:15-1pm to any families with food instability. Parents arriving for groceries can also pick-up & drop-off their children's homework packets at that time.

DISTANCE LEARNING HOMEWORK Pick-up/Drop-off Schedule*

~ **BY FAMILY** ~ If you are <u>not</u> utilizing the Food Bank (12:15-1pm), please arrive to the MPR during the following assigned time blocks to pick-up & drop-off homework:

<u>1-1:30PM</u>	<u>1:30-2PM</u>	<u>2-2:30PM</u>
Ager	Figueroa	Mercado
Aguilar	Gorman	Ramirez
Alvarado	Henderson	Remer
Andrews	Hernandez	Saldana
Barajas	Klein	Silva
Barry	Kuzma	Skapik
Burton	Loose	Taylor
Diaz	Maloney	Uzri
Dixon-Perdomo	Mata	Vazquez
Arndt	Meckfessel	

*MPR Entry limited to <u>1</u> Member of each household. For health & safety purposes, please wear a facemask and maintain social distancing of 6 ft. or more while awaiting MPR entry.

We appreciate your continued cooperation and support!



MARIN COUNTY OFFICE OF EDUCATION

1111 LAS GALLINAS AVENUE/P.O. BOX 4925 SAN RAFAEL, CA 94913-4925 marincoe@marinschools.org

MARY JANE BURKE MARIN COUNTY SUPERINTENDENT OF SCHOOLS (415) 472-4110 FAX (415) 491-6625

Hello,

I am writing to share some important information for families in Marin County schools.

Due to school closures caused by COVID-19, California is providing new food benefits call Pandemic EBT or P-EBT Card to families who are eligible or enrolled in free or reduced-price meals at their school.

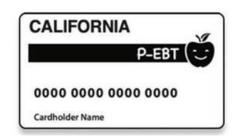
Families will get up to \$365 per eligible child on a P-EBT card. This is a one-time benefit. You can use your P-EBT card like a debit card to buy food and groceries for your children.

Most families who receive CalFresh, CalWORKS, Medi-Cal or other social services benefits will get a P-EBT card in the mail by May 22. Please keep an eye out for this card in the mail over the next few weeks and follow the instructions to activate your P-EBT Card which will require you to set up your private pin number.

Information about Pandemic EBT Cards

Here is an overview and an image of the P-EBT card (*which is different from and in addition to your CalFresh EBT*).

• Pandemic EBT (P-EBT) will be issued to children who are eligible and/or enrolled for free or reduced-price meals at their school. This includes:



- Public, private, and charter schools that participate in the National School Lunch Program through the United States Department of Agriculture (USDA)
- Children who attend community eligible schools (where all children receive free or reduced-price meals) will **all** be included and receive a P-EBT card.
- Families will receive up to \$365 per child.
- For households with more than one child, the P -EBT Card will be issued under oldest child's name.
- According to the California Department of Social Services (CDSS) and Department of Homeland Security (DHS) has stated that P-EBT Card will not be considered for public charge purposes.
- Children who get CalFresh, Medi-Cal or Foster care benefits **do not need to apply** and most should expect to get their P-EBT Card in May 2020.
- Families with children who are eligible for free or reduced-price meals and who do not get their card in May 2020, must apply online by June 30, 2020 (more info on that process will be shared soon).

- P-EBT is in addition to other food services available. This means, children can remain on CalFresh, continue to receive "Grab n go" meals, access food pantries AND receive their P-EBT Card.
- P-EBT cards are used like a debit card and can be used at grocery stores and farmers markets to purchase food. You can review the list of local retailers who accept EBT cards: https://www.ebt.ca.gov/locator/index.html#/locator.page

We know these are challenging times and we hope that this additional support will assist your families. If you have questions or need additional information please contact

My best wishes to you and your family.

.

Sincerely,

MARY JANE BURKE Marin County Superintendent of Schools

REGISTER NOW!



FREE4WESTMARIN

Registration is FREE for all WMYSL players. Go online and register today!

5th Grade and Higher (MISA League): Registration Closes July 30.

www.westmarinsoccer.org



Dear Nicasio School Families,

If you are in need of stronger/faster Wi-Fi access in order for your child to participate in online classes, please contact his/her classroom teacher. We have extended our high-speed Internet to the parking lot to serve families on a "drive-in" basis. Your child's teacher can schedule an appointment to make the parking lot available to you.



Estimadas Familias de la Escuela Nicasio,

Si usted necesita señal mas fuerte/veloz para el acceso a Internet para que su niño(a) participe en las clases en línea, favor de contactar a su profesora de clase. Hemos hecho una extensión de nuestra conexión de Internet hacia el estacionamiento para ayudar a familias que puedan llegar ahí. Su profesora puede hacer una cita para que el estacionamiento esté disponible para ustedes.

COUNTY OF MARIN BEHAVIORAL HEALTH AND RECOVERY SERVICES MAY IS MEAN A COUNTY OF MARIN BEHAVIORAL HEALTH AND RECOVERY SERVICES MAY IS MARY IS MEAN A COUNTY OF MARIN BEHAVIORAL HEALTH AND RECOVERY SERVICES MAY IS MARY IS MEAN A COUNTY OF MARIN BEHAVIORAL HEALTH AND RECOVERY SERVICES MAY IS MARY IS MEAN A COUNTY OF MARIN BEHAVIORAL HEALTH AND RECOVERY SERVICES MAY IS MARY IS MEAN A COUNTY OF MARIN BEHAVIORAL HEALTH AND RECOVERY SERVICES MAY IS MARY IS MEAN A COUNTY OF MARIN BEHAVIORAL HEALTH AND RECOVERY SERVICES MAY IS MARY IS MEAN A COUNTY OF MARIN BEHAVIORAL HEALTH AND RECOVERY SERVICES MAY IS MARY IS MEAN A COUNTY OF MARIN BEHAVIORAL HEALTH AND RECOVERY SERVICES MAY IS MARY IS MEAN A COUNTY OF MARIN BEHAVIORAL HEALTH AND RECOVERY SERVICES MAY IS MARY IS MEAN A COUNTY OF MARIN BEHAVIORAL HEALTH AND RECOVERY SERVICES MAY IS MARY IS MEAN A COUNTY OF MARIN BEHAVIORAL HEALTH AND RECOVERY SERVICES MAY IS MARY IS MEAN A COUNTY OF MARIN BEHAVIORAL HEALTH AND RECOVERY SERVICES MAY IS MARY IS MA

During this month, we raise awareness about mental health and the importance of reaching out and supporting one another. COVID-19 has presented a situation that none of us could have imagined a few short months ago. It is important that we pay attention to mental health during this time of isolation and uncertainty and provide extra support to those with pre-existing mental health challenges. In BHRS, we are committed to collaborating with partner organizations and community members to reduce stigma and promote wellness during this month and throughout the year.



Events and Offerings

- May 1st 8th Mental Health Awareness reflection cards for BHRS staff
- May 13th, 10-11 am <u>Gentle Yoga for Seniors</u> in celebration of older Americans Month
- May 14th, 5-6:30 pm <u>Gentle Yoga for the Community</u> open to all Marin County residents
- May 19th, 9-11 am Board of Supervisors Proclamation
- May 28th, 4-5 pm <u>Gentle Yoga for Service Providers</u> open to all employees of the Marin County Department of Health and Human Services
- May 31st Launch of Youth Focused Wellness Website and BHRS Mental Health/Suicide Prevention Media Campaign
- Mini Grants for Schools to promote youth-led wellness activities
- The Marin County Youth Commission is posting a video series—sharing the experience of young people in Marin during the Covid-19 pandemic and offering tools to help guide us all through it. Follow their work on Instagram @MarinMentalHealth or subscribe to their YouTube channel: MCYCMentalHealth.





DEPARTMENT OF HEALTH AND HUMAN SERVICES BEHAVIORAL HEALTH AND RECOVERY SERVICES Promoting and protecting health, well-being, self-sufficiency, and safety of all in Marin County.



COVID-19 PANDEMIC MENTAL HEALTH RESOURCES **COUNTY OF MARIN**

Mental Health Crisis Hotlines 24/7

National Suicide Prevention Lifeline: 1-800-273-8255 Buckelew Suicide Prevention Hotline (Local): 415-499-1100 California Youth Crisis Line: 1-800-843-5200 - For youth (ages 12-24) and families The Trevor Project: 1-866-488-7386 - For LGBTQ youth The Friendship Line: 1-800-971-0016 - For seniors and caregivers Crisis Text Line: Text MHA to 741741

Mental Health Support Lines

Behavioral Health and Recovery Services Access Line: 1-888-818-1115 - For mental health or substance use assessment SAMHSA's Disaster Distress Line: 1-800-985-5990 or text TalkWithUs to 66746 The Peer-Run Warm Line: 1-855-845-7415 Community Action Marin: 415-459-6330 - Mental Health Warm Line

Other Resources

HHS COVID-19 Information Line: 415-473-7191 General Resources: 211 National Domestic Violence Hotline: 1-800-799-7233 Food Locator website: https://foodlocator.sfmfoodbank.org/







DEPARTMENT OF HEALTH AND HUMAN SERVICES BEHAVIORAL HEALTH AND **RECOVERY SERVICES**

Promoting and protecting health, well-being, self-sufficiency, and safety of all in Marin County.



Updated on 4/22/20

Kindergarten Registration – Fall 2020

Nicasio School District is announcing kindergarten registration for the 2020-21 school year. Children eligible for registration must be **5 years old on or before** <u>September 1, 2020</u> and reside within the boundaries of the Nicasio School District.

Transitional kindergarten for the 2020-21 academic year is available to children residing within Nicasio School District boundaries who will turn **5 years of age on or between** <u>September 2, 2020 and</u> <u>December 2, 2020</u>. Transitional kindergarten is a two-year program. Upon completion of the two-year transitional kindergarten program, students are promoted to first grade.

Registration packets can be picked up from Nicasio School, 5555 Nicasio Valley Road, Nicasio 94946. Registration materials can also be downloaded from the school website: <u>www.nicasioschool.org</u>. For more information, call 662-2184.

Registro a Jardín de Niños - Otoño 2020

El Distrito Escolar Nicasio anuncia la aperture del registro a Jardín de Niños para el ciclo escolar 2020-21. Los niños elegibles para su registro deben tener **5 años cumplidos antes de o el día** <u>1 de septiembre</u>, **2020** y ser residentes dentro de los límites del Distrito Escolar Nicasio.

Jardín de Niños en Transición para el ciclo escolar 2019-20 está disponible para los niños que tengan su residencia dentro de los límites del Distrito Escolar Nicasio y que cumplan los 5 años de edad desde <u>el 2</u> <u>de septiembre, 2020 y hasta el 2 de diciembre, 2020</u>. Jardín de Niños en Transición es un programa de dos años. Al complete 2 años en el programa de Jardin de Niños en Transición, son promovidos a primer grado.

Los paquetes de Registro pueden ser adquiridos en la Escuela Nicasio, 5555 Nicasio Valley Road, Nicasio 94946

Los materiales de Registo también pueden ser adquiridos en la página de Internet de la escuela: <u>www.nicasioschool.org</u>. Para mayor información, call 662-2184.